



Republic of the Philippines
Department of Education
REGION I



SEP-23 2026

REGIONAL MEMORANDUM

No. 1238 s. 2026

23RD NATIONAL ATTENTION DEFICIT/HYPERACTIVITY DISORDER (ADHD) WEEK

To: Schools Division Superintendents

1. Pursuant to Presidential Proclamation No. 472, s. 2003, the Department of Education, in coordination with the National Council on Disability Affairs (NCDA), encourages all Regions, Schools Division Offices (SDOs), and schools to observe the 23rd National ADHD Week during the third week of October 2026, with the theme "Awareness and Beyond: Empowering Families, Schools, and Communities for ADHD."
2. In support of the observance, all SDOs and schools are encouraged to conduct appropriate awareness-raising and advocacy activities, including:
 - a. Displaying ADHD awareness campaign materials in school premises and official social media platforms;
 - b. Integrating ADHD awareness messages in flag ceremonies; and
 - c. Conducting appropriate information and advocacy activities that promote awareness, understanding, acceptance, and support for learners with ADHD and their families.
3. Activities shall be integrated into existing school activities and relevant learning areas, consistent with DepEd Order No. 9, s. 2005, to minimize disruption to regular classes and maximize instructional time.
4. For clarification and other concerns, please coordinate with the Curriculum and Learning Management Division (CLMD), DepEd Regional Office I through telephone number (072) 682-2324 local 120 and email at clmd.region1@deped.gov.ph
5. For information and guidance.

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ESTELA P. LEON-CARIÑO EdD, CESO III
Director IV/Regional Director *su*

Encl.: None

Reference: Advisory from the Office of the Director - Bureau of Learning Delivery
dated August 13, 2026

To be included in the Perpetual Index
Under the following subject

CELBARATION

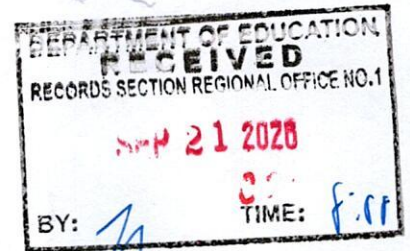
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September 21, 2026



CLMD261472



Republic of the Philippines
Department of Education
BUREAU OF LEARNING DELIVERY



ADVISORY

August 13, 2026

Pursuant to Presidential Proclamation No. 472, s. 2003, declaring the third week of October of every year as the "National Attention Deficit/Hyperactivity Disorder (ADHD) Awareness Week," the Department of Education (DepEd), in coordination with the National Council on Disability Affairs (NCDA), encourages all regions, schools division offices, and schools to observe the 23rd National ADHD Week during the third week of October 2026, with the theme, **"Awareness and Beyond: Empowering Families, Schools, and Communities for ADHD."**

In support of this national observance, all schools are encouraged to undertake appropriate awareness-raising and advocacy activities consistent with the theme, including, but not limited to, the following:

1. **Display campaign materials** within school premises and through official school social media platforms. To promote consistency in messaging and visual identity, schools are encouraged to use the official campaign materials and designs provided by the NCDA, which may be accessed through its official website at www.ncda.gov.ph.
2. **Integrate the observance into flag ceremonies** through the delivery of information and advocacy messages that promote awareness, understanding, acceptance, and support for learners with ADHD and their families, consistent with the national theme.

The Department emphasizes that the observance of National ADHD Week is a shared responsibility and a collective effort toward fostering greater awareness, understanding, and inclusion of learners with ADHD. Accordingly, all learners, including learners with disabilities, parents and guardians, teachers, school personnel, and other education stakeholders are encouraged to participate actively in relevant activities and initiatives.

In accordance with DepEd Order No. 9, s. 2005, otherwise known as the **Instituting Measures to Increase Engaged Time-on-Task**, all activities related to the observance shall be appropriately integrated into relevant learning areas and existing school activities to minimize disruption to regular classes and maximize instructional time.

For inquiries or clarifications, kindly contact the Bureau of Learning Delivery-Student Inclusion Division (BLD-SID) by email at bld.sid@deped.gov.ph.

This is issued for information and guidance.


GERSON MARVIN M. ABESAMIS
Director IV



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Republika ng Pilipinas
NATIONAL COUNCIL ON DISABILITY AFFAIRS
Pambansang Sanggunian Ukol sa Ugnayang Pangmaykapansanan



August 3, 2026

SECRETARY JUAN EDGARDO M. ANGARA

Department of Education
Ortigas, Pasig City

Attention: **Asst. Secretary Jerome Buenviaje**
Learning Systems Strands

Subject: **Request for DEPED support to the 23rd National Attention Deficit/Hyperactivity Disorder (ADHD) Week Celebration**

Dear **Secretary Angara**:

This has reference to the forthcoming celebration of the 23rd National Attention Deficit/Hyperactivity Disorder (ADHD) The National Council on Disability Affairs (NCDA), a government agency mandated to formulate policies and coordinate programs for persons with disabilities joins the nation in observing the 23rd National ADHD Week this coming 3rd week of October pursuant to Presidential Proclamation No. 472, s. 2003.

This year's observance with the theme *"Awareness and Beyond: Empowering Families, Schools and Communities for ADHD"* moves beyond basic information dissemination toward building inclusive support systems that recognize ADHD as a neurodevelopmental condition deserving of understanding, reasonable accommodation, and equal opportunity.

In this regard, we respectfully request your office's valued support through the following:

1. Issuance of a Memorandum Circular/Announcement to your Regional Offices, Bureaus and attached agencies nationwide to:
 - a. Conduct information and advocacy activities aligned with the national theme; and
 - b. Display ADHD streamers and posters to promote the celebration.
2. Inclusion of ADHD awareness materials in DEPED's information platforms.

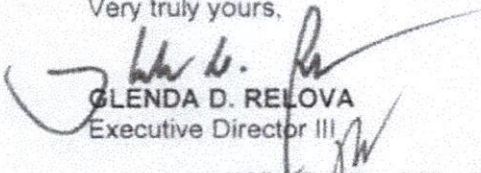
The downloadable template of the National ADHD Week streamer can be accessed at the NCDA website www.ncda.gov.ph.

Your support will be instrumental in ensuring that our leaders become active partners in reducing stigma, expanding access to services, and empowering individuals with ADHD to reach their full potential.

We look forward to your favorable response and continued partnership toward a truly inclusive Philippines. For clarifications or coordination, please contact Ms. Jem Aguilar, Information Officer I at Tel. No. 02 5310-4759.

Thank you.

Very truly yours,


GLEND A. RELOVA
Executive Director III

NCDA Building, Isidora Street, Barangay Holy Spirit, Quezon City, 1127, Philippines
Telephone Numbers: Trunkline - (632) 8932-6422;
Email: council@ncda.gov.ph; website: <http://www.ncda.gov.ph>

Promoting Inclusion of Persons with Disabilities